



387 FRANKLIN ST
buffalo ny 14202
☎ 716.462.0284
📠 716.262.0481

Transcranial Magnetic Stimulation (TMS) Direct Referral Form Major Depressive Disorder (MDD)

Patient Information:

Full Name _____
Date of Birth _____
Mailing Address _____
City _____ State _____ Zip Code _____
Insurance Carrier _____
Member ID _____ Group Number _____

Referring Provider Information:

Referring Healthcare Provider Name _____
Provider Mailing Address _____
City _____ State _____ Zip Code _____
Phone (____) _____ Fax (____) _____

Medical History:

Have you ever received TMS, Spravato/esketamine, or ECT treatment in the past? Yes No

If yes, when did you receive this treatment? _____ Was the treatment successful? Yes No

If YES, please submit this form with the following supporting documents	If NO, please submit this form with the following supporting documents
<ul style="list-style-type: none">• 3 most recent TMS, esketamine or ECT appointment notes that includes approved diagnosis• PHQ9 assessment from end of previous treatment and a current PHQ9 (PHQ9 scores below 15 may not qualify)• Current medication list (including dose & duration)• Historical medication list (including dose, duration, and reason for discontinuation)	<ul style="list-style-type: none">• At least 5 recent appointment notes from your current provider that clearly indicate the approved diagnosis (F33.2)• A recent PHQ9 assessment (PHQ9 scores below 15 may not qualify)• Current medication list including dose & duration• Historical medication list, including dose, duration, and reason for discontinuation (patients must have failed at least 4 drug trials prior to TMS)

Please send this completed form, along with the appropriate supporting documentation, to Landmark Health Systems.

By Mail: 387 Franklin St Buffalo NY 14202

By Fax: 716-262-0481 attn TMS Department

I attest that all the information provided is accurate and up-to-date to the best of my knowledge. I understand that submission of this information does not guarantee acceptance into the TMS program at Landmark Health Systems

Patient signature: _____

Date: _____

Printed Name: _____

DOB: _____

PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

ID #: _____ DATE: _____

Over the last 2 weeks, how often have you been bothered by any of the following problems?
(use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself...or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed. Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead, or of hurting yourself	0	1	2	3

add columns + +

(Healthcare professional: For interpretation of TOTAL, TOTAL: please refer to accompanying scoring card).

10. If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?	Not difficult at all	_____
	Somewhat difficult	_____
	Very difficult	_____
	Extremely difficult	_____